



## WHAT TO BRING AND WHAT NOT TO BRING TO TREATMENT

### Pack the essentials, plan for comfort.

- Prescription medications in ORIGINAL LABELED bottle
- Cell Phone, Charger, Laptop
- CPAP
- Compression Stockings
- Walker, wheelchair, crutches
- Toothbrush/Toothpaste (must be newly purchased and unopened)
- Electric or disposable razor
- Deodorant
- Liquid Shower soap/Bar of soap (must be newly purchased and unopened)
- Shower sponge/buff
- Lotion (unscented) (must be newly purchased and unopened)
- Shampoo/Conditioner (must be newly purchased and unopened)
- NON AEROSOL/NON ALCOHOL hairspray/hair gel/mousse
- Weather appropriate shoes, boots, coats, sweaters, gloves, hats, scarves
- Comfortable “street” clothing for sitting in meetings, shopping, outings
- Clothing for exercise/physical therapy (t-shirt, shorts or loose pants, gym shoes)
- Reading/Recreational Materials-Books, knitting, other crafting.  
Readers/Tablet/Kindle and power cords
- Money and credit cards (if needed/used)

## WHAT **NOT** TO BRING

- “Over the counter” medications including topical or oral
- Nutritional supplements
- Food items including gum, mints, “snacks”
- Weapons or knives
- Items that contain ALCOHOL as an ingredient (cologne, mouthwash)
- Cologne, body sprays, perfume, heavily scented lotions