

INTERVENTION CHECK LIST

- Make a decision to address concerns about behavior problems.** Myths about “hitting bottom” and “s/he needs to want help to get help” delay a person from acting immediately. When superiors, friends and family voice concerns, a person is more readily open to receive help.
- Contact an interventionist to discuss “where you are” in the process.** Guest House provides experienced interventionists free of charge for all clergy and religious. Private interventionists are also available.
- Utilize the strengths of your consultant and interventionist to develop a strategy for your specific situation.** Discussing addiction and behavioral concerns can be complicated; it requires education and experience. There is no “one size fits all” solution.
- As a team collect documentation that includes the behaviors causing concern.** Specific dates, times and witnesses are crucial to convincing a person that a problem exists. When details are collected, each person on the team should write a letter expressing his or her concern and rationale for recommending addiction treatment.
- Develop a timeline for the intervention and select a site for the actual event.** Be sure that all stakeholders are available.
- Meet as a group and rehearse the intervention, including reading the letters aloud.** The interventionist will offer ideas.
- Prior to the intervention, select and contact a treatment facility and arrange an admission date close to the timing of the intervention.** Guest House is available 24/7 at 800-626-6910. Documented information is critical to the treatment admission process and helps the treatment center make a diagnosis and develop a specific treatment plan.

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- Determine who from your intervention team will function as the liaison for the person in treatment and also serve as a continued support resource.

- Recognize that your intervention team can also be the basis of a support team post treatment.

INTERVENTION ASSISTANCE PROGRAM

- Certified, experienced clinicians; free-of-charge consultation, including assistance with information gathering and preparation
- Telephone contact and support throughout the process
- Personal support during the actual intervention, if requested
- Professional evaluation in an appropriate clinical setting
- Recommendation of treatment options and/or escort to an appropriate treatment facility

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