



PROVIDING THE WAY



Trips to India Are 'A Way of Giving Back'

BY STEFANI MANOWSKI

Picturesque palm-laden beaches, architectural gems, houses of faith and institutions of higher learning. These are some of the wonders of Mangalore, a city in the southern west coast of India lapped by the waters of the Arabian Sea.*

But while travelers might marvel at the sights and sounds of Mangalore, Father John J. Behnke, C.S.P., is neither the typical tourist nor stranger to the chief port town.*

Father Behnke is on a mission to spread the word and garner support in India for the work of Friendship House, a treatment facility for alcoholic priests and brothers located in Mangalore.

"Priests who are caught in the disease of alcoholism feel alone and abandoned," said Father Behnke, the 61-year-old superior and director of novices at St. Paul's College in Washington, D.C., who



noted the Paulist hallmark of reconciliation in the center's work as it helps reconcile the recovering priests and brothers with the church.

The struggle faced by the priests and brothers in Friendship House as they battle their addiction is one Father Behnke knows by personal experience, having gone into treatment for alcoholism in 1991. Father Behnke took his first trip to India three years later by invitation of the director of Friendship House [Tom Garrett], who was also Father Behnke's former counselor.

And so for one week each February and three weeks in July, Father Behnke makes a

pilgrimage to India, facilitating talks, lectures and retreats as well as speaking with bishops, priests and religious to bring greater awareness to the ministry of Friendship House.

"It is a way of my giving back for having recovered myself," said Father Behnke, a native of Syracuse, N.Y. "I go over and offer my services for whatever the director wants me to do. That is my favorite part."

After approximately 15 trips to India logged so far, Father Behnke has no plans to stop his expeditions now, and will keep going "until I can't get on the plane."

*Sources: Mangalore City Web site, www.mangalore.com, and Wikipedia.

Editor's Note:

So many of our alumni and alumnae take their recovery experience at Guest House and devote themselves, throughout their lives and ministries, to sharing it with others who have the recovery experience, or who need it. Our graduates call it "giving back."

In this issue of the Newsletter, we catch up with Father John Behnke of New York and his wonderful way of "giving back."

The article is re-printed with permission of Father's order, the Paulists.





GH Institute's Seminary Education Program

Helping to Assure a Healthy Priesthood for the Future!

When 27-year-old Richard takes his vows next year in Wisconsin, he will enter the priesthood with something many of his seminarian predecessors wish they had had—a wealth of information about the pitfalls of chemical addictions like alcoholism.

Richard (not his real name) is just one of nearly 700 seminarians who were visited around the country last year by Guest House Institute staff. The seminarians benefited from the most current education and insights available regarding alcoholism and other chemical and “process” addictions. Process addictions include such things as gambling/spending and eating compulsions.

Even as little as ten years ago, such education was rarely available to seminarians in this country. About that time, Guest House staff recognized the need for classroom-setting instruction for the future leaders of our Church. The overall program emphasizes education regarding addictions, recovery and sobriety, and the spiritual aspects of all of these.

At a typical Seminary Education workshop, students will cover such topics as: understanding the brain's role in addiction; issues of co-dependency, the family and addictions; spirituality and recovery from addictions;

intervention; and, substance addictions ministries at the parish level.

The Seminary Education Program workshops are also designed to help leadership in seminaries, such as the Rectors and faculty, in recognizing the early signs of chemically-based addictions. With this information, they can then take appropriate action with the affected student. In addition, leadership is assisted in integrating topics/training on addictions into the seminary's curriculum.

In all, Guest House staff members make six or seven Seminary Education Program presentations each year. Recent seminaries visited include Dominican House of Studies in Washington, D.C.; St. Joseph's Seminary College in St. Benedict, Louisiana; Sacred Heart Schools of Theology in Detroit, Michigan and Hales Corner, Wisconsin; St. John's University, School of Theology and Seminary in Collegeville, Minnesota; and, at the NCEA Convention workshop in Indianapolis, Indiana.

The Seminary Education Program is just one of many programs that the Guest House Institute, a subsidiary of Guest House, Inc., is responsible for each year. The Institute offers a variety of services utilizing Guest House Staff and other

experts across disciplines, depending upon the requests of those served.

Offerings include:

- Consultation
- Workshops & Retreats
- Convocation Presentations
- Clergy and Religious Study Days
- Seminary Education
- Mandated In-services for policy implementation
- Personnel Management Training
- Resources for Information on Addictions and Health Issues

These services are offered in the spirit of healing, through education and understanding. They are designed to lessen the damages of addictive disorders and emotional problems experienced by those in ministry and those served.

For more information about the Guest House Institute, visit its link on the Guest House website, www.guesthouse.org. Click “Institute” at the top of the page.



Guest House Institute, Inc.



“Now More Than Ever!”

Guest House Capital Campaign Moves Forward...

In spite of a struggling economy and other factors affecting Catholic giving, the Guest House capital campaign “Now More Than Ever!” continues to move forward.

“In recent weeks, we have approached numerous dioceses in the country for support of the campaign and have received gracious and generous pledges as much as \$125,000,” said Guest House Vice President of Development, Joe Stong. He noted that 28 dioceses have either given outright gifts or pledges, including four in the last few months.

“In addition,” Stong says, “Guest House alumni and alumnae, in particular, have stepped forward in recent months to support this important campaign. As well, several religious orders and

other groups like the Knights of Columbus have provided important gifts.”

Because Guest House is a charity, normal fundraising typically covers the costs of treatment for our clients – not leaving much left over for new projects and brick and mortar upgrades or repairs. So, the “Now More Than Ever!” capital campaign has these broad goals:

- Creation of new services, particularly for Latino clergy with alcoholism and the restoration/expansion of our aging facilities;
- Enhancement of the Guest House preventative educational initiative, by providing intensive programs in the understanding of addictions and recovery BEFORE a priest or

religious becomes an individual in need of rehabilitation services;

- Growth of the Guest House Endowment Fund, to ensure continued service to dioceses and religious orders unable to pay full treatment costs for a priest or religious in need.

Since the campaign took off in 2005, gracious donors have contributed and pledged over \$2 million.

Some of these funds were directed to the Endowment Fund and others were used in restoration/expansion of current facilities. This included badly needed improvements to windows at both our centers in Lake Orion, Michigan and Rochester, Minnesota. These improvements are helping us to reduce energy costs.



Please consider a gift to our “Now More Than Ever” campaign! Contact Joe Stong in Development at Guest House by calling 1-800-626-6910.

Memorials

When sending in your memorial gift, please print all information. Please also include street addresses so that we can be sure to be accurate when notifying next of kin or friends of the deceased. For Special Memorial gifts of \$500 or more, you can have permanent plaque recognition at our treatment centers for your departed relative or friend, while providing a major gift to our work. Call our Development Department at 1-800-626-6910 for more information. Thank you, and God bless you for your kindness! Memorials listed are from 3/13/08 to 5/27/08.

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Please Join Us!

2008 Events

***“The Heavens Reveal the Greatness of the Lord:
An Astronaut’s Experience of God in Space”***

Join former NASA Astronaut Tom Jones as he recounts his experiences – both temporal and spiritual—during his four Shuttle flights. He’ll be joining us Wednesday, August 13, at the Rochester, Minesota Bishop’s Reception.



CLORIS LEACHMAN comes to town!



Cloris Leachman, Academy Award and nine-time Emmy winning actress, brings a one-woman show **CLORIS!** to Meadow Brook Theatre for a single Detroit-area performance to benefit Guest House on Friday, September 12. In her one-woman show, Cloris re-creates Ruth Popper in *The Last Picture Show* (for which she won her Oscar), Phyllis in *The Mary Tyler Moore Show* and Frau Blücher in *Young Frankenstein*, and other roles.

Other events you are most welcome to attend:

Scripps Days: Art, Autos & Architecture

Saturday, September 13 through Sunday, September 14
(Public Festival Sunday Only)
Lake Orion, MI

Portland Maine Bishop’s Dinner

Friday, October 3
Portland, ME

Detroit Bishop’s Dinner

Friday, October 10
Southfield, MI

**Rochester “Dine Around” –
Good food for a good cause!**

Monday, September 29
Many Rochester, MN area restaurants

Icon Dei Fall Luncheon

Saturday, November 8
Troy, MI

Guest House wishes to express its most profound thanks to the following individuals who so graciously remembered us with gifts in their wills, received between April 2, 2008 and May 31, 2008

***Eternal rest grant unto them,
O Lord, and let perpetual
light shine upon them. May
they rest in peace, Amen.***

- Claudette Bassler
- Catherine A. Boland
- Arthur M. Carleton
- Joseph R. Carnevale
- Maria Teresa Cornejo
- Margaret Dardis
- Eleanor F. Dionne
- Lillian Disken



- Dorothy B. Dobbins
- Robert J. Durivage
- Robert C. Hancock
- Edward J. Legat
- Louis Kennard Rhodes
- Cora Scotten
- Natalie V. Waytel



Vatican Official Visits Guest House

Guest House welcomed a high-profile guest to its campus in Lake Orion, Michigan during April when His Eminence Francis Cardinal Arinze traveled from Rome for a brief visit to Lake Orion.



Cardinal Arinze and Daniel Kidd

Guest House president Daniel Kidd was on hand April 14 to welcome Cardinal Arinze, Prefect of the Congregation for Divine Worship and the Discipline of the Sacraments, to the historic William E. Scripps Estate. The Cardinal spent the night in the Spanish-style corner suite in the Scripps Mansion.

On Wednesday morning, April 15, Cardinal Arinze celebrated Holy Mass in the chapel. Following the liturgy, the prelate toured the new women's treatment center on the Lake Orion campus, and praised Guest House for its mission to offer help and healing to addicted clergy and religious.

Later that day, Cardinal Arinze was the guest of honor at an intimate luncheon in the Scripps Mansion's ornately paneled dining room. Attending the luncheon were Guest House Board member Bob Koval and his wife Patti;

businessman and Guest House supporter Jack Krasula; Dan and Sandi Kidd; Guest House Vice President of Development Joseph Stong; Vice President of Communications Gerard O'Connor; Director of Special Events Kathy Schiffer; and, Special Events Coordinator Cathy Goodell.

Nigerian-born Cardinal Arinze is the highest ranking African in the hierarchy of the Catholic Church. Ordained in 1958, he became the world's youngest bishop in 1965, at the age of 32. From 1984 to 2002 he headed the Vatican's Secretariat for Non-Christians (since 1985 called the Pontifical Council for Inter-religious Dialogue). He has been in his current position since 2002 and was among Cardinals who, in 2005, were thought by many to be *papabile*, Italian for "suitable for consideration as pope," a potential successor to Pope John Paul II.

In Appreciation

Guest House acknowledges with gratitude the following permanent endowments and trusts which have been set up by donor friends.

Named Endowed Funds

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For more information on gift-giving opportunities to assist Guest House in its apostolate, please contact Development, at 1-800-626-6910.



Episcopal Moderator Bishop Boyea Appointed to New Diocese

Most Reverend Earl A. Boyea, who has served as our Episcopal Moderator and Honorary Chair of the Detroit Bishop's Dinner since 2004, has been installed as the new Bishop of the Lansing, Michigan Diocese. Bishop Boyea, 57, replaces retiring Bishop Carl F. Mengeling who served for 12 years as Lansing's Bishop.



Bishop Boyea

Bishop Boyea had served as an Auxiliary in Detroit since June of 2002. In addition to his duties in the Archdiocese, he was our annual celebrant at the Guest House All Soul's Mass and Vigil, and a speaker at our Golf Classic. He also attended special occasions and most recently celebrated Mass at our dedication of the new Treatment Center for

Women Religious in Lake Orion, Michigan.

Bishop Boyea is a member of several organizations including the Catholic Biblical Association, the U.S. Catholic Historical Society, the Fellowship of Catholic Scholars and the Midwest Association of Theological Schools.

Of his work with Guest House, Bishop Boyea once stated: "I was assigned for a year at St. Benedict Parish in Pontiac (Michigan) and every weekend, we received a priest from Guest House to help us out with the Masses. I was always, and continue to feel, edified by these men and their commitment to be healthy servants of God and His Church. The same can be said of our wonderful sisters and other religious who graduate from the Guest House program."

We will miss Bishop Boyea! But we wish him every success and much good will as he assumes his new responsibilities in Lansing.

Your Will...Your Legacy for Family and Friends

When you leave a bequest to Guest House, you ensure that there will be priests or religious who will be able to serve our Church—in your name, and because of your kindness. In a very real way, your support of our patient care programs will ensure them a healthy, happy and productive life in ministry.

When you prepare your Last Will and Testament, family members are always remembered

first, of course. Afterward, charitable organizations like Guest House can be remembered too. Please consult with your attorney or financial advisor.

Here's another major benefit for making a bequest to Guest House: your gift will be used as *you* wanted it to be used! No one else will make that decision for you. So, in reality, the charitable decisions you made *during* your life can be assured *beyond* your lifetime.

And think about how important it is today to have healthy priests at our altars, or healthy brothers and sisters in our schools, missions and hospitals. This can be your legacy too.

If you would like to support our work beyond your lifetime—so that others might have life, health and happiness in your memory and honor—please call our Development office at 1-800-626-6910.

The Second Stage of Alcoholism

In the first stage of alcoholism, there might be occasional blackouts where the drinker can't remember specific time periods. But now they can be for periods of up to a week or more.

Other signposts of the disease, which were present in the first stage of alcoholism, are there too. Like stockpiling alcohol, or pre-drinking, etc.

But it is here, in the second stage of alcoholism, that the real danger signal comes into view. It's called denial. The alcoholic begins to realize that others—spouse, friends, family, co-workers—are beginning to notice the drinking and the related behaviors. The alcoholic doesn't like this, so he or she begins to compensate.

Often, the drinker may say that he or she can handle the booze; even stop drinking at any time. The drinker may even actually stop drinking for a while. But the abstinence doesn't last.

A second form of denial may take over. The drinker may change some habits to avoid being caught with a drink. To avoid any criticism, he or she will begin hanging with a different crowd, switching and even “rotating” locations where the drinking takes place. Secret drinking, such as in the garage or basement, can take place too.

Sometimes, the drinker hides the alcohol in other beverages, like in a cup of coffee or in pop cans. Disposal of the empties can be a problem. (One priest told us he would smash his quart booze bottles inside paper sacks so they were less bulky—and less likely to attract notice—in the weekly garbage at his community's house!)

Switching drinks—in a useless bit of self deception—can take place in the second stage of alcoholism too. Other problems begin. Emotional ups and downs are common in the second stage. The drinker may feel shame, guilt, fear, remorse, even anger and aggressiveness and he or she grows less able to handle stresses of daily life—and the ever present “danger” of having to admit to a problem!

All of this often has one unfortunate result: the alcoholic begins to drink more. Tolerance increases. A horrible circle of drinking—coupled with shame and guilt, then fear, perhaps aggression—begins to swirl around the alcoholic. This pushes them ever closer to the very frightening, debilitating and final third stage of the disease.

(Next Newsletter: “The Third and Final Stage of Alcoholism.”)

Management Services Offices

Development Department

1601 Joslyn Road
Lake Orion, Michigan 48360
(248) 391-4445 • (800) 626-6910
Email: info@guesthouse.org
www.guesthouse.org

*Guest House, fully accredited and licensed, is listed in the Official Catholic Directory (OCD).
Donations to Guest House, which is non-profit and tax-exempt, are deductible as allowed by law.*

The Guest House Facilities:

- Management Services Offices Lake Orion, Michigan
- Lake Orion Treatment Center and Recovery Residence Lake Orion, Michigan
- Rochester Treatment Center Rochester, Minnesota
- Guest House at St. John Vianney Downingtown, Pennsylvania

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